

# Coercive Control.

Coercive control is a **pattern of behaviours** where one person creates a dynamic of power and control over another.

Coercive control is when an abuser **repeatedly hurts, frightens or isolates** another person. It is deliberate, ongoing and cumulative.

Some examples are:

- belittling
- demeaning
- undermining
- threats
- intimidation
- social isolation
- financial abuse
- monitoring or controlling where you go
- tracking or monitoring your online activity



**Coercive control of a current or former partner is a crime in NSW.** The law came into effect on 1 July 2024.

24/7, free and confidential trauma-specialist counselling for anyone in Australia impacted by sexual, domestic or family violence.



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1800 385 578



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