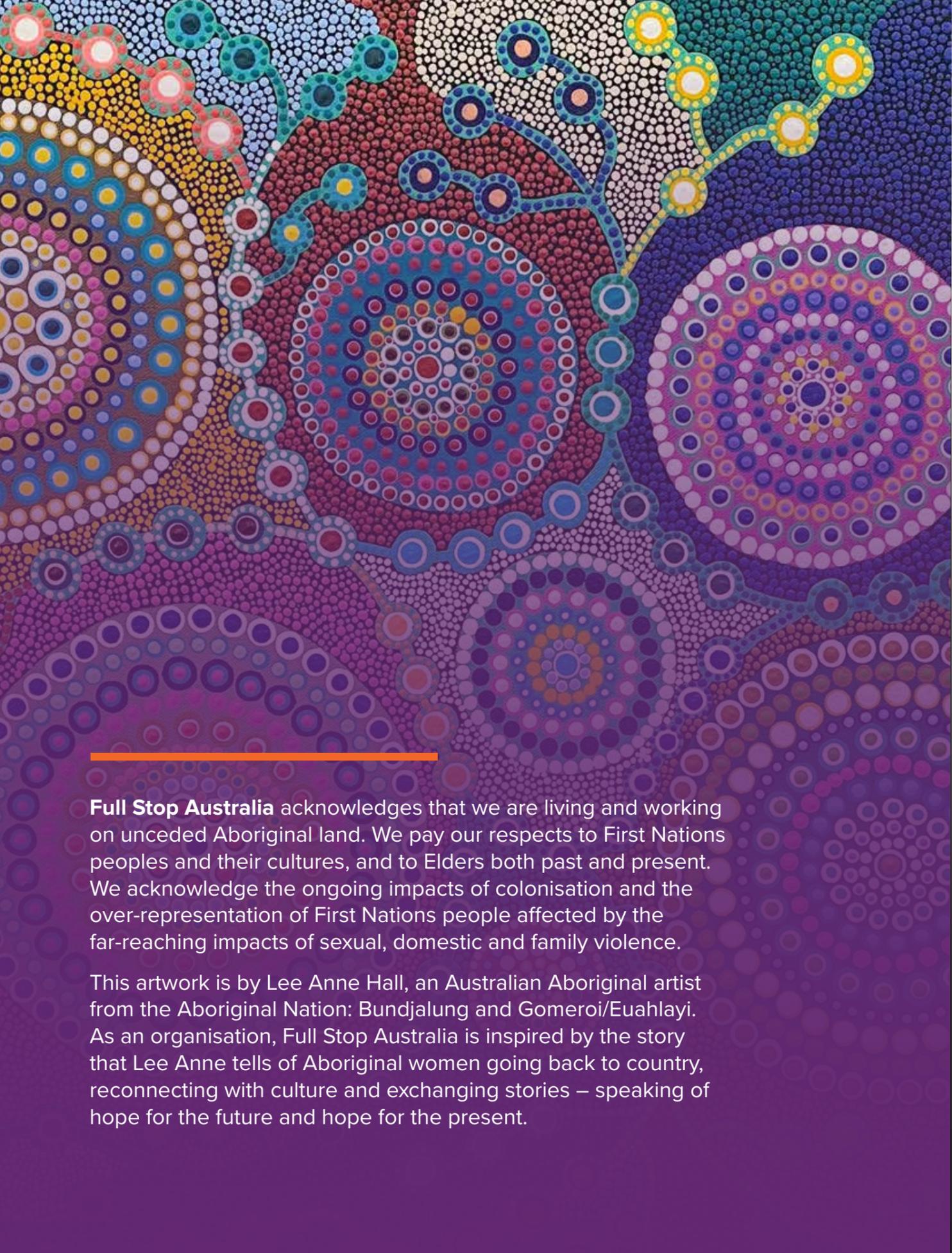


# Annual Report 2022

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Ending sexual, domestic  
and family violence.





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**Full Stop Australia** acknowledges that we are living and working on unceded Aboriginal land. We pay our respects to First Nations peoples and their cultures, and to Elders both past and present. We acknowledge the ongoing impacts of colonisation and the over-representation of First Nations people affected by the far-reaching impacts of sexual, domestic and family violence.

This artwork is by Lee Anne Hall, an Australian Aboriginal artist from the Aboriginal Nation: Bundjalung and Gomerroi/Euahlayi. As an organisation, Full Stop Australia is inspired by the story that Lee Anne tells of Aboriginal women going back to country, reconnecting with culture and exchanging stories – speaking of hope for the future and hope for the present.

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A life free from violence is possible.



## Message from the Chair

Vijaya Nagarajan

On behalf of the Board of Full Stop Australia, I am pleased to introduce the Annual Report.

It was a busy year for Full Stop Australia, which has responded to increasing instances of sexual, domestic, and family violence during the pandemic years. The organisation itself has gone through significant changes. First was a change in status, moving from an incorporated association to a company limited by guarantee. This was followed by an organisational restructure to reflect the new status. In March, it successfully underwent the External Accreditation Review through the Quality Innovation Performance agency to meet national industry standards.

Important changes to governance processes have also been implemented during the year. The members of the Board, along with the executive staff, undertook governance training in June, which was an in-person event, welcomed by all. After the training, the Board revised the reporting and committee structures directed at improved oversight. This included establishing a HR sub-committee and a Legal, Risks and Complaints sub-committee to sit alongside the Finance sub-committee which has been operating well. Aiming at more inclusive representation, the Board proposed changes to the Constitution to accommodate gender diversity and Indigenous voices. These proposals were subsequently passed at a general meeting of members.

My thanks to all those involved in Full Stop Australia for their commitment. The dedication of the counsellors and professionals who assist those in need of support is admirable. The stellar advocacy efforts of the Legal and Research team in calling for law reform to end sexual, domestic, and family violence has included making submissions on police responses to domestic violence in NSW, and the Family Violence Reforms Bill in Tasmania. The skills of the staff providing training services to different institutions ranging from universities to clubs is unquestionable. The executive team, under the stewardship of Hayley Foster as CEO, have worked tirelessly to build an organisation that is responsive to its clients and community, amidst the challenges posed by COVID-19.

There were several changes to Board membership during the year. My thanks to Laura Entwistle and Christine Robinson, who resigned in January and June respectively, for their contribution. A big thanks to Kate Gleeson who served as Chair, resigning in June 2022 to take up a governance role at Macquarie University, leading the Campus Sexual Assault response. Lastly, thank you to all those who served on the Board over the year not only for the energies and insights you gave freely, but also for your shared ethos and good humour.



## CEO Message

Hayley Foster

It has been a year of transformation at Full Stop Australia. With a new leadership team at the helm, we transitioned into a company limited by guarantee and set a vision and a path for the next three years. As part of this vision, we changed our name from Rape & Domestic Violence Services Australia to Full Stop Australia – recognising that everything we do is geared towards putting a full stop to sexual, domestic and family violence.

**The passion and commitment of each and every team member shines through our work.**



Our actions and decisions will always be informed by evidence and by those with lived experience of violence and abuse. I am so incredibly proud of the team and their achievements over the past year and excited about what is to come.

**There have been many highlights this year, but to name a few:**

- Demand across our client service offerings – both funded and fee-for-service – increased by 15%.
- We successfully retendered for our National Sexual Abuse and Redress Support Service.
- We provided over 15,000 trauma counselling sessions nation-wide and supported nearly 500 survivors with monetary assistance to escape violence.
- We trained more than 2,200 people in community, government and corporate settings to better prevent and respond to sexual, domestic and family violence.
- We contributed to 28 policy and law reform processes resulting in important changes, including affirmative consent and coercive control laws, protections for survivors giving evidence, safety in family law, respectful relationships education in schools, paid domestic violence leave, respect at work, and increased funding for sexual violence services.
- We developed a National Survivor Advocate Program for people impacted by sexual, domestic and family violence to be supported to drive real reform to the law, policies and practices impacting upon their own lives and the lives of other survivors.
- We helped shape the next 10-year National Plan to End Violence Against Women and children to have a focus on addressing sexual violence and supporting survivors to recover.
- We helped shape the innovative Lighthouse Project and Evatt List in the Federal Circuit and Family Court of Australia and assisted in successful advocacy efforts for its expansion.

On behalf of the team, I'd like to take this opportunity to thank the Full Stop Australia Board for their commitment, their vision, and their support throughout the 2021/22 year. Special thanks to Debbie Brewin and Kate Gleeson, who both led the organisation through a significant time of change. We are so grateful for your generous contributions.

Thank you to our wonderful volunteers and pro bono supports for your generous contributions, turbo charging our work and our impact. To our Survivor Advocates, we are so grateful for your wise, generous and insightful contributions, shared so that others do not have to be subjected to that which you have been.

To our Ambassadors and Supporters, thank you for amplifying our voices, and the voices of survivors, across our diverse and varied communities, so that our reach extends far beyond our immediate circles.

And to our Donors, Community Fundraisers, and Partners, we are indebted to you for your kindness and your collaboration. None of this would be possible without your support.

**Together, we can make our vision a reality and show that a life free from violence is truly possible.**

# About Us

In 2021/22 Full Stop Australia developed our next 3-year Strategic Plan from 2022–25

## Our Vision



A life free from violence is possible.

## Our Goal



To put a full stop to sexual, domestic and family violence.

## Our Objectives

- To provide world-leading trauma specialist counselling and support services for people directly and indirectly impacted by sexual, domestic and family violence.
- To educate, train, support and resource governments, businesses, not-for-profits, and community organisations to effectively prevent and respond to sexual, domestic and family violence.
- To drive changes to the systems and structures that create the conditions for sexual, domestic and family violence to be perpetrated.

## Values

- **Courageousness** - We are not afraid to speak up, to shine a light on inequity and to take the risks that will put an end to sexual, domestic and family violence.
- **Inclusion and Diversity** - We support the establishment communities where everyone belongs .
- **Integrity and Accountability** - We follow through with plans and practices within our organisation.

# Our People

With 2021-22 starting in lockdown, staff returned to working from home. We used a range of multimedia strategies to remain in touch with service partners, clients, and each other. As lockdown restrictions lifted, we adopted a “hybrid” work from home and office policy to support continuity of services to our clients and greater flexibility for staff.

## Volunteering

We value the unique support of volunteers, and the knowledge, skills and commitment they bring with them. This became a formal program that was approved by the Board and from November 2021 we oriented eight volunteers that have supported the organisation across the areas of Research, Advocacy, Marketing and Communications.

For anyone wishing to support our work through volunteering, please email us at [info@fullstop.org.au](mailto:info@fullstop.org.au)



- Counselling team
- Advocacy team
- Administration
- Trainers
- Research



Farewelling Fiona Ng, our Research and Policy Officer.



Some of Full Stop Australia's team members with Ambassador, Chanel Contos.

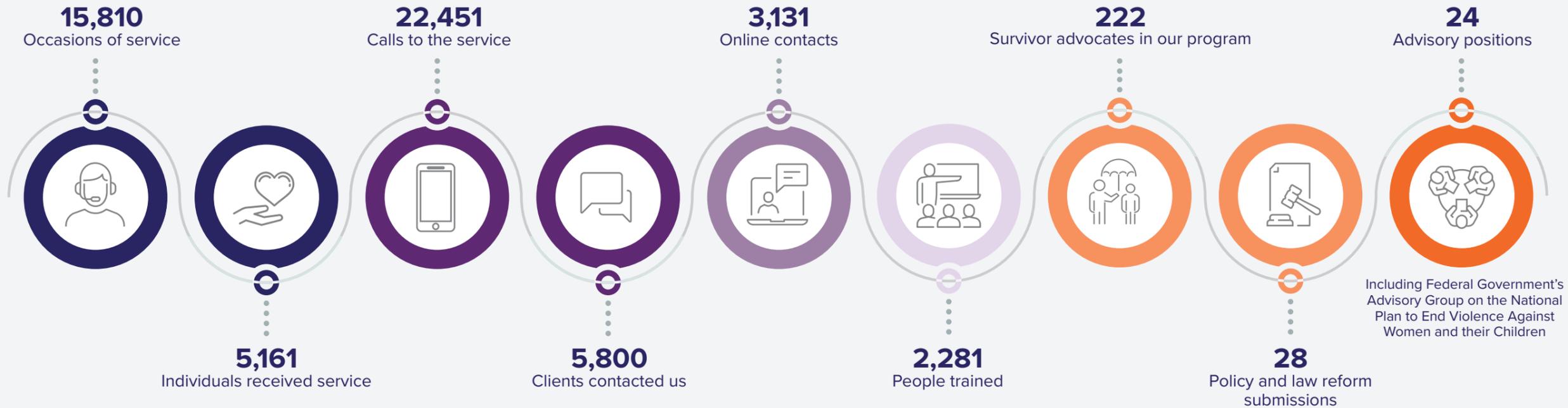
## Staffing

Full Stop Australia calibrated our staffing this year to ensure the best mix of skills, attributes, experience and diversity needed to meet our strategic objectives. As part of this process, we farewelled some wonderful staff members who have made an important contribution to the organisation over a number of years and welcomed some new ones for our next chapter. Investing in staff training, development, and wellbeing is a top priority for Full Stop Australia. Our people are our greatest assets.

## Quality Innovation Performance Accreditation

In March 2022, Full Stop Australia was assessed against the Quality Innovation Performance (QIP) Quality Improvement Council (QIC) Health and Community Service Standards 7th Edition Accreditation Program. Full Stop Australia was awarded full accreditation meeting all standards without qualification demonstrating the organisation's ongoing commitment to quality improvement.

# Year in highlights.



# Counselling & Trauma Recovery Services



**Tara Hunter**

Director of Clinical and Client Services

Over the past year, Full Stop Australia provided 15,810 occasions of sexual, domestic, and family violence trauma counselling and recovery services to nearly 4,000 individuals.

## About our services

Full Stop Australia's Counselling and Trauma Recovery Services comprise of a range of 24/7 telephone, online and face to face services which work along the continuum of care from crisis to recovery. Full Stop Australia is uniquely placed in the "helpline" service sphere with the capacity to provide ongoing care for those experiencing trauma and complex trauma related to sexual, domestic and family violence.

Full Stop Australia's Counselling and Trauma Recovery Services team is comprised of Trauma Specialist Counsellors with qualifications in Psychology, Social Work and Counselling, professional association membership, and more than three years post-graduate experience and specialist training, skills and knowledge in complex trauma and the impacts of sexual, domestic and family violence. Our Trauma Specialist Counsellors are supported by our Counselling Service Managers, our Senior Clinical Administrator, and our Clinical and Client Services Director.

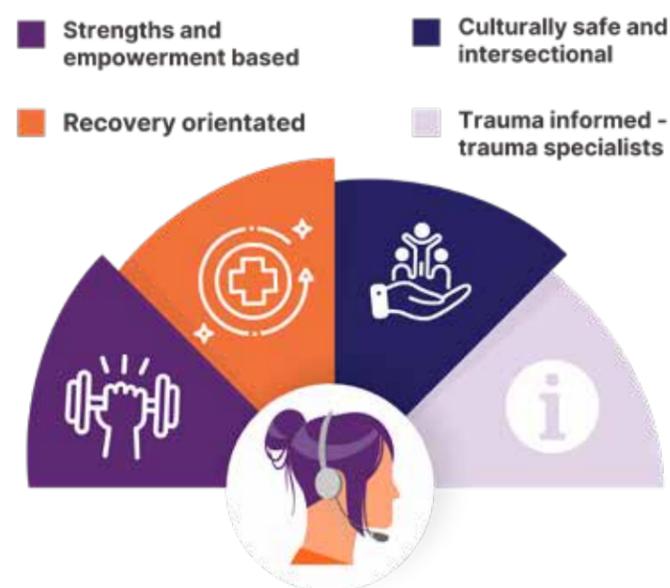
All clinical staff receive formal clinical supervision and have access to 24/7 clinical consultation and debriefing to support quality service delivery and employee wellbeing. In 2022-23 we will continue to expand our workforce to support additional shifts to meet client demand on the NSW Sexual Violence Helpline. We will also welcome our first Aboriginal Identified team members who will be working as Client and Community Engagement Workers to enhance client engagement through the National Sexual Abuse and Redress Support Service



From my perspective, as a client, the kind, soft, gentle encouragement was what got me across the line to the point that I trusted my counsellor enough to let her help me... her ongoing support remains valuable to me as she is the only positive influence in my life which is helping me immensely, especially with accepting myself, understanding and coping with triggers and helping me come to terms with the fact that I am a worthwhile person and that I do deserve to be treated with respect and that I deserved the National Redress Scheme payment... she did not bail on me after the application was completed.

# Counselling Foundations

To ensure quality, our service model includes therapeutic planning which engages our clients to support a trauma informed approach and minimises the need for clients to retell their story. Clients who consistently engaged with Full Stop Australia's Counselling Services in 2021/22 reported a 91% reduction in subjective distress as a result of service engagement.

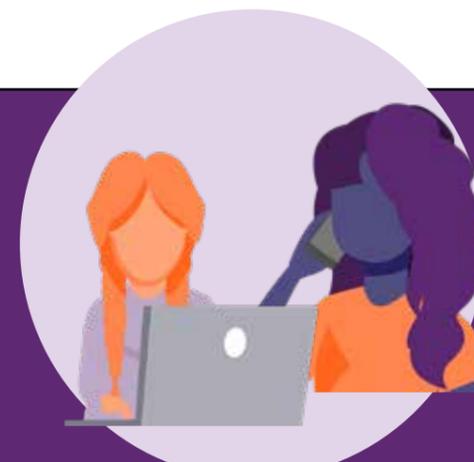


In addition to the therapeutic planning with our clients, Full Stop Australia's Counselling and Trauma Recovery Services Team actively engage with a range of service partners who also provide care to our clients. In 2020-21 we maintained over twenty Community Care Networks to ensure an integrated approach to care for clients presenting with complex care needs. Our liaison extends beyond direct client care, with our Counselling and Trauma Recovery Team, Counselling Service Managers and Clinical and Client Services Director engaging with a vast range of services across the service system, including government, non-government and corporate service agencies.

Full Stop Australia's face to face counselling and trauma recovery services, including our Community Based Counselling Services, Victims Services and National Redress Scheme were impacted by the second wave of COVID lockdowns during the 2021/22 year, with sessions transitioning back to telehealth during this period. Our team nevertheless ensured uninterrupted service provision for clients during this time with the implementation of COVID video sessions.

# 1800 FULL STOP

(1800 385 578)



## 24/7 Phone and Online Trauma Specialist Counselling Services.

In November 2021, in conjunction with the rebrand, we launched **1800 FULL STOP** a national, 24/7 service for anyone impacted by sexual, domestic and family violence. Whilst previously we operated four separate lines (NSW Sexual Violence Helpline, National Sexual Abuse and Redress Support Service, Rainbow Sexual, Domestic and Family Violence Helpline and National Violence and Abuse Trauma Counselling and Recovery Service), this ensured that anyone who called 1800 FULL STOP would be triaged into the correct service.

## Client Pathways

When someone calls 1800 FULL STOP, our new triage service ensures that each client can access the correct support. Our four services now are easily accessible:



# Supporting the Voices of People with Lived Experience

Full Stop Australia's Counselling and Trauma Recovery Services team have worked with a range of community-led groups and individuals in 2021-22 to enhance the voices of people with lived experience.

For example, the counselling team partnered with The Survivor Hub to facilitate a monthly support group for survivors of sexual violence, with a focus on engagement with the justice system, and provided vicarious trauma support and clinical consultation for Athletes Rights Australia, a peer-led group supporting those impacted by abuse in the sporting industry.

**If you or someone you care about has been impacted by sexual, domestic or family violence, call our trauma specialist counsellors for support anytime on 1800 FULL STOP (1800 385 578) or chat online at [www.fullstop.org.au](http://www.fullstop.org.au).**

# Caring for our Workforce and Beyond

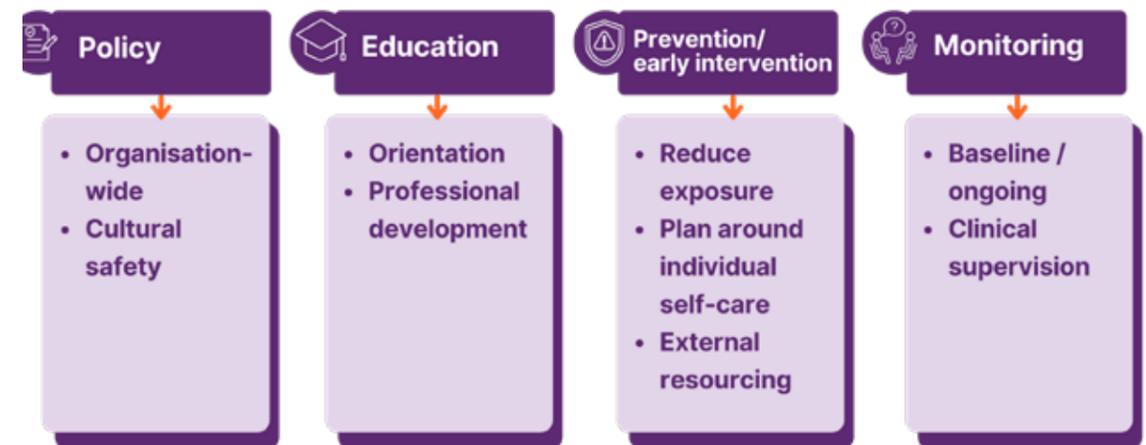
Full Stop Australia maintains a strong commitment to minimising the risks and impacts of exposure to traumatic material through the work we undertake in the clinical, education and advocacy roles within our organisation. The Counselling Service Managers are responsible for the implementation of our vicarious trauma management framework across the organisation.



# Vicarious Trauma Management and Clinical Consultation for Professionals

Our Workplace Wellbeing Program engages with a range of organisations in the corporate, government and non-government sectors to develop and implement tailored programs to minimise the risks and manage the impacts of vicarious trauma and other employment related stress. In 2021-22, we successfully integrated Professional/Fee for Service offerings into a single booking and rostering system to ensure higher levels of service consistency and quality assurance in relation to vicarious trauma management and clinical consultation service provision.

**If your organisation supports people impacted by trauma or involves exposure to significant trauma content, get in touch to find out more about our Workplace Wellbeing Program on 02 8585 0369 and [services@fullstop.org.au](mailto:services@fullstop.org.au).**



The non-judgemental support was accessible to me in my trauma and individual circumstances



Scan here for Vicarious Trauma Services.



The training was brilliant- one of the best I have ever attended. I loved the F2F element which allowed many perspectives from people in different disciplines. I still talk about this training to everyone!

# Training & Consulting Services



This year was a year of growth and continuous transformation for our Training and Organisational Development services. We focused on meeting the emerging needs of audiences across all sectors by ensuring that our current programming is evidence-based and relevant, and developing new programming to address existing gaps in education.

## Natasha Mikitas

Head of Training and Consulting Services

### What sets our training apart?

This year we reviewed and re-developed some of our key programs, ensuring full alignment with the following principles which set us apart from other training organisations:

#### 1. Andragogy

Learner-centred adult education practice.

#### 2. Values and brand

Reflective of our unique values, principles and purpose statement.

#### 3. Vocational and industry based

Based on current industry standards, trends, themes and issues.

#### 4. Transformational and critical pedagogy

We provide the following learning opportunities:

- Critical thinking
- Relating to others going through the same transformative process
- A framework to act on new perspectives

#### 5. Intersectional feminist

This perspective is embedded in all training resources.

### In 2021/22, we delivered training to 2,281 individuals

This included 1,353 individuals accessing one of the 110 face-to-face and interactive online training sessions and 928 individuals accessing our self-paced online courses.

Responding with Compassion and Understanding and Responding to Vicarious Trauma continue to be our most popular programs, with 47% and 25% of our total program delivered respectively.

The majority of our training participants were from the education sector (32% of workshops), followed by government agencies, (25%), corporates (23%) and non-government organisations (20%).

# New Developments



The following programs have been developed to address gaps in critical knowledge and capabilities:

## Sexual Violence Essentials Training:

Frontline workers across Australia need to know what to do when they suspect or know someone is experiencing or has experienced sexual violence. The capacity and capability to identify and respond, and doing so in a timely way, can impact a person's recovery from the trauma of sexual violence.



CEO, Hayley Foster delivering Workplace Responses to Sexual Harassment in Perth.



Trainer, Saba Razaghi, with the Central Coast Domestic Violence Committee.

## Respectful Workplaces: Prevention & Response to Workplace Sexual Harassment:

Policy and education support to increase the knowledge, skills and confidence of all team members, while creating a positive, productive work culture where every employee feels safe and respected.

Developed to align with recommendations from Australian Human Rights Commission's Respect@Work report.

## Responding to Unlawful Sexual Contact or Inappropriate Sexual Conduct in Aged Care

- An introductory module for aged care workers to assist the sector to better understand and respond to sexual violence against older people receiving care in either a residential or community setting.
- Developed to align with training recommendations from The Royal Commission into Aged Care Quality and Safety.

If your organisation would like training and support to better prevent and respond to sexual, domestic and family violence, contact us on (02) 8585 0333 or at [training@fullstop.org.au](mailto:training@fullstop.org.au)

Our full set of training and organisation development offerings are available via the QR code below.



Scan here for Training Services.

## Watch this space!

The coming year is already promising exciting opportunities! We are currently:

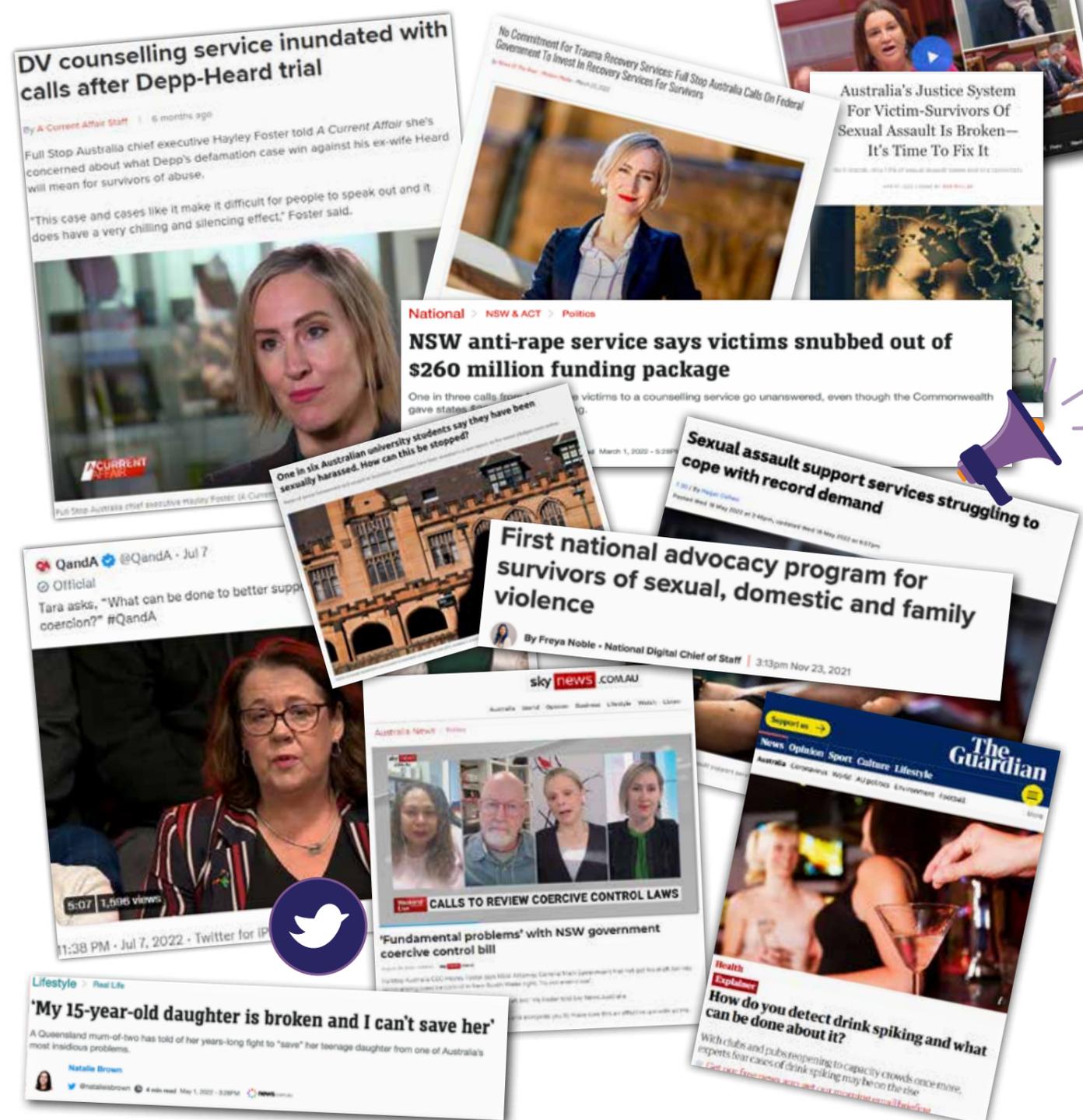
- Working alongside our Advocacy team to develop programming on Coercive Control and Affirmative Consent, and
- Reviewing and redeveloping our Complex Trauma and Vicarious Trauma training.



It is such important work. I am so incredibly grateful this organisation exists. It is making a very real difference in the world, both for people who have personal experiences and struggle as a result - giving them the support, assistance and care they need, also to help to raise awareness in the general public about these issues and how they can help, and to make large scale systemic change - fighting for a better world.

# National Advocacy

There has been a reckoning in Australia. 2021 was the year that sexual violence was in the spotlight. Full Stop Australia's media advocacy centred around sexual violence reforms across Australia.





## National Advocacy

### Laura Henschke

Head of Advocacy Law and Policy

Full Stop Australia develops submissions to government inquiries in every Australian jurisdiction to inform policy, practice and law reform impacting upon our clients' safety, justice and wellbeing. In our consultation processes, we seek feedback from both our frontline trauma specialist counsellors and our clients who have expressed an interest in having their say on the systems and processes impacting upon their own safety.

Across this financial year, Full Stop Australia has submitted 28 reform submissions to improve legal and policy responses to sexual, domestic and family violence nationwide.

Legislative and policy responses to coercive control were a key focus this year, with reforms underway in Western Australia, South Australia and New South Wales. On sexual violence, landmark affirmative sexual consent reforms were achieved in NSW, and in this regard, Full Stop Australia secured a narrowing of the "mental health loophole" which would have seen people with depression or anxiety being able to escape the requirement to take active steps ascertain consent.

Other highlights included the mandating of respectful relationships education in the Australian curriculum across all stages of learning spearheaded by Full Stop Australia Ambassador Chanel Contos and Teach Us Consent and Fair Work legislation for 10 days paid domestic and family violence leave each year for all employees.

Full Stop Australia's other reform submissions concerned the issues of strangulation, stealthing, policing, civil and criminal justice, open justice, respect at work, sentencing, victims services, sexual assault service funding, housing and homelessness, and women's economic security.

#### Full Stop Australia also provided advice on the following advisory committees:

- Bureau of Crime Statistics and Research Sexual Assault Advisory Panel
- Australian Institute of Criminology Advisory Group on Focused Deterrence and Intimate Partner Violence
- Federal Circuit Court and Family Court of Australia's advisory group on sexual, domestic and family violence
- Australian Government Advisory Group on the National Plan to End Domestic, Family and Sexual Violence
- National Women's Safety Alliance Policy Advisory Committee
- National Working Group on Domestic, Family and Sexual Violence
- NSW Minister's Council on Domestic, Family and Sexual Violence
- NSW Office of the Department of Public Prosecutions Domestic Violence and Sexual Assault Review Committees

## National Survivor Advocate Program



Full Stop Australia was proud to establish the National Survivor Advocate Program in 2021/22.

We know the power of lived expertise in driving change and raising community awareness, so we created a program to support survivors to tell their story and influence change in whatever way they choose. The program, supported by Pinnacle Charitable Foundation, offers survivors a platform to advocate for change and access a trauma-informed network of support. Adopting an intersectional approach, the program brings together survivors from diverse backgrounds and varied experiences and provides opportunities for them to be heard on the matters they care about most.

As at 30 June 2022, we had 222 survivors join the program, and this number is growing in number and diversity by the week!

## National Mental Health Commission Research

This year, Full Stop Australia was funded by the National Mental Health Commission to investigate the impacts COVID-19 had on the mental health and wellbeing of victim-survivors of sexual domestic and family violence.

The study found that people impacted by sexual, domestic and family violence were disproportionately impacted by COVID and made several recommendations for system improvements which would mitigate impacts in future pandemic conditions. The research will inform the next National Mental Health and Wellbeing Pandemic Response Plan. To access the full report, visit our website: <https://fullstop.org.au/advocacy/research>.



Full Stop Australia CEO, Hayley Foster and National Mental Health Commissioner, Christine Morgan at the RANZCP conference.

**Seven key recommendations were made to improve mental health responses for people impacted by sexual, domestic and family violence in the pandemic context. Visit <https://fullstop.org.au/advocacy/research> to find out more.**

# Domestic Violence Cash Transfer Project



The Domestic Violence Cash Transfer Project (DV Cash Transfer Project) stems from the belief that the safest place for the provision of financial support for victim-survivors experiencing sexual, domestic and family violence is the very organisation with which they have already established trust and safety. As such, Full Stop Australia, with the support of NRMA Insurance, established the DV Cash Transfer Project which sought to address the financial constraints caused by the impacts of sexual, domestic and family violence.

**Distributed  
\$750,000 in  
emergency relief**

**Supported nearly  
500 victim-  
survivors to  
escape**

**Partnered with 30  
frontline domestic  
and family violence  
services nationally**



**I felt cared for in a practical way without judgement because of experiencing domestic violence. This allowed me to take charge of my life.**

The DV Cash Transfer Project provided support to 483 victim-survivors by distributing \$750,000 to 30 domestic and family violence services nationally. These services then were able to provide their clients with the emergency resources they needed to achieve safety and heal from the violence and trauma they experienced. With the support from IAG through NRMA Insurance, the DV Cash Transfer Project was able to facilitate victim-survivors economic independence. This financial assistance was able to not only relieve the financial pressure that comes with making the decision to leave a violent home, but also contributed to the safety and wellbeing of the victim-survivor and where relevant their children. Victim-survivors had access to a lump sum payment of between \$1,000 - \$5,000, in cash to ensure there was immediate relief of financial pressure and to further facilitate enhanced autonomy and independence.

This project would not have been made possible without the support from NRMA. Through the DV Cash Transfer Project victim-survivors stated, "this program honestly helped restore my hope!". As such, Full Stop Australia hopes projects like the DV Cash Transfer Project continue to be funded in the future. As one victim-survivor emphasised "these funds have been amazing, and it would be great if this kind of assistance could continue across the country to change lives". Full Stop Australia will continue advocating for the ongoing funding of the DV Cash Transfer Project and speaking to the benefits of empowering victim-survivors both emotionally and financially when navigating the impacts of sexual, domestic, and family violence.

# Cultural Safety and Inclusion

**In line with Full Stop Australia's vision, purpose and values, 2022 enabled us to take both an external and internal approach to diversity and inclusion across our organisation.**

Our diversity and inclusion initiatives have been wide-ranging from engaging and developing key relations with Indigenous communities across Australia to facilitating an integral roundtable event on Indigenous sexual violence and cultural sensitivity service requirements.

Following the feedback from key meetings and the roundtable event, we commenced with an inside-out approach to diversity and inclusion by employing a Cultural Advisor for the organisation, which led the development of both a Cultural Safety and Awareness training program and guidelines for Staff and Board members.

We also work with a range of diverse community organisations to continue to break down the barriers that some of our more vulnerable clients face such as People with Disabilities Australia and Older Women's Network and we have also actively engaged with ACON to share practice experiences across our clinical services, providing service representation at community information panels and consulting around a community specific resource related to the introduction of affirmative consent laws in NSW.

This artwork is by Lee Anne Hall, an Australian Aboriginal artist from the Aboriginal Nation: Bundjalung and Gomeroi/Euahlayi.

## Key Initiatives in Focus

### First Nations Sexual Violence Roundtable

A group of stakeholders from across multiple First Nations communities and other key groups, came together to discuss the current landscape for First Nations sexual violence survivors, and the need for more services and cultural safety by providers.

Feedback provided from participants provided great insights into the educational and cultural safety shortfall of both medical and support services providers across the country, as well as the accessibility of these services for victims in regional and remote areas.

### Cultural Safety and Awareness Program

Full Stop Australia embarked upon a cultural safety and awareness program in 2021/22 to include in-depth training for all staff, board directors and volunteers. Comprehensive policy, procedure and practice review is also a key component of clear Cultural Diversity Policy and Guidelines for all internal and external stakeholders.

### Embracing diversity through art and branding

This year we also expanded our Cultural Diversity Strategy by purchasing and displaying a First Nations artwork, which includes the story of the artwork. The artwork was purchased from a Survivor, Lee Anne Hall, from the Bundjalung and Gomeroi/Euahlayi Nations. We have used the artwork for a new First Nations logo. This will be used externally on a number of new culturally-focused resources from posters, business cards and merchandise

### Multilingual videos on violence and abuse

This year, thanks to Women NSW, Full Stop Australia partnered with Cultural Perspectives to develop a series of in-language videos promoting awareness and understanding of the nature and dynamics of sexual, domestic and family violence, and where to get help. So far, the videos have been produced in Arabic, Hindi, Korean, Mandarin and Vietnamese.



Full Stop Australia CEO with colleagues at Cultural Perspectives attending the 'Stop it at the Start' launch.

## Our Partners

Full Stop Australia would like to thank all its donors and partners. It is only with your support that we have been able to achieve so much in our counselling, education and advocacy efforts to put a full stop to sexual, domestic and family violence.

Everyone has a role when it comes to preventing and responding to sexual, domestic and family violence, and this is why we have a continued focus on expanding our networks and donors to achieve maximum impact.

Fundraising revenue for FY2021–22	
Community Fundraising	\$20,385
Corporate & Major Donor	\$152,290
Online & Other Donations	\$557,366
Trusts & Foundations	\$64,134
Workplace Giving	\$9,751
<b>Total</b>	<b>\$803,926</b>



We thank and acknowledge all donors and supporters. It is because of you that we can be there for people, to make a positive change in their lives, and advocate for changes to policy and law reform to end sexual, domestic and family violence.

## Online Fundras-

16 Days of  
Activism Appeal  
**\$15,374.50**

Facebook  
Giving  
**\$403,859**

End of Financial  
Year Appeal  
**\$73,268.00**

# Major Philanthropic Partners



- 24/7 telephone trauma counselling
- Supporting service delivery for frontline services
- Research



- Full Stop Australia's Advocacy Program
- National Survivor Advocate Program



- Matched donations in our 16 Days of Activism and end of financial year (EoFY) donation appeals
- Untied funding to support Full Stop Australia's counselling, education and advocacy work

# Corporate and Philanthropic Supporters



# Government Partners



**NSW Government, Department of Health**  
Trauma specialist counselling and recovery services for people in NSW impacted by sexual violence through the provision of the NSW Sexual Violence Helpline and the NSW Community Based Counselling Service.



**NSW Dept of Community & Justice (Women NSW)**  
Counselling video link, multicultural online videos, training to support counsellors to transition to working-from-home.



**State Insurance Regulatory Agency NSW**  
Vicarious Trauma Management program for Aboriginal and Torres Strait Islander peoples and workplaces.



**Government of South Australia**  
Women's and Children Health Network Incorporated, Yarrow Place – after-hours and weekend trauma specialist counselling services for people impacted by sexual violence.



**National Mental Health Commission**  
Research report on the lived experience of people impacted by domestic and sexual violence during COVID-19 to inform the National Mental Health and Wellbeing Pandemic Response Plan.



**Commonwealth Department of Social Service for National Sexual Abuse and Redress Support service**  
Trauma counselling, recovery and redress support service, culturally appropriate community-based support services to help people engage with the National Redress Scheme.



**City of Sydney Council**  
Breaking Barriers Training for Regional Service Workers – Online training for counsellors during the pandemic to support their transition to working from home

# Financial Summary

## Statement of Profit or Loss and Other Comprehensive Income

	2022 \$	2021 \$
Revenue	5,253,315	5,010,516
Interest revenue	3,362	3,700
Other income	274,222	-
Consulting fees	(256,606)	(81,642)
Employee benefits	(4,169,868)	(4,034,764)
Resources	(62,166)	(59,500)
Travel expenses	400	(14,236)
Subscriptions	(53,247)	(36,000)
Telephone	(132,784)	(122,217)
IT expenses	(281,767)	(234,303)
Printing & stationary	(6,239)	(11,248)
Rent	(62,565)	(68,204)
Other expenses	(249,249)	(120,766)
<b>Total comprehensive income for the year</b>	<b>257,808</b>	<b>231,292</b>

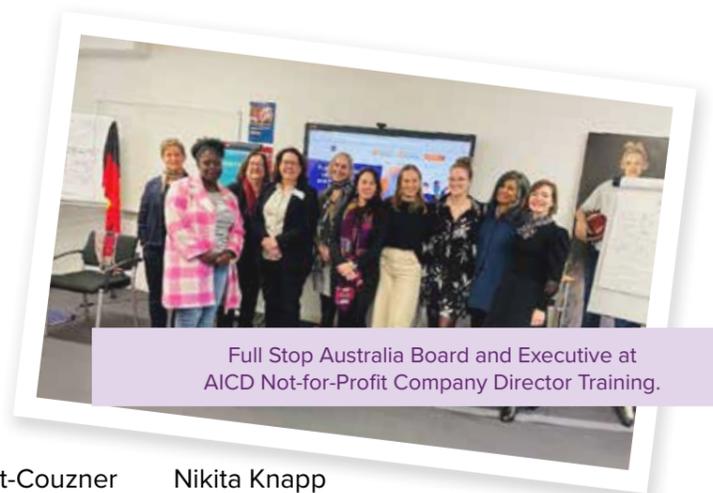
## Statement of Financial Position

ASSETS	2022 \$	2021 \$
<b>CURRENT ASSETS</b>		
Cash and cash equivalents	1,276,194	1,539,876
Trade and other receivables	151,000	270,349
Other assets	50,598	52,000
<b>TOTAL CURRENT ASSETS</b>	<b>1,477,823</b>	<b>1,862,266</b>
<b>NON-CURRENT ASSETS</b>		
Property, plant and equipment	56,386	15,449
Intangible assets	9,692	-
<b>TOTAL NON-CURRENT ASSETS</b>	<b>67,000</b>	<b>15,449</b>
<b>TOTAL ASSETS</b>	<b>1,543,901</b>	<b>1,877,715</b>

LIABILITIES		
<b>CURRENT LIABILITIES</b>		
Trade and other payables	202,964	198,316
Contract liabilities	320,911	590,194
Short-term provisions	-	47,400
Employee benefits	357,434	490,873
<b>TOTAL CURRENT LIABILITIES</b>	<b>881,309</b>	<b>1,326,783</b>
<b>NON-CURRENT LIABILITIES</b>		
Employee benefits	13,852	160,000
<b>TOTAL NON-CURRENT LIABILITIES</b>	<b>13,852</b>	<b>160,000</b>
<b>TOTAL LIABILITIES</b>	<b>895,161</b>	<b>1,486,783</b>
<b>NET ASSETS</b>	<b>648,740</b>	<b>390,932</b>

EQUITY		
Reserves	148,400	148,400
Retained earnings	500,340	242,532
<b>TOTAL EQUITY</b>	<b>648,740</b>	<b>390,932</b>

# Our Board



Full Stop Australia Board and Executive at AICD Not-for-Profit Company Director Training.

**Chair:**

Kate Gleeson  
- up to June 2022  
Debra Brewin  
- up to Sept 2021

Georgina Smart  
- Treasurer up to Nov 2021

Vijaya Nagarajan  
- Secretary up to Nov 2021

Christine Robinson  
- appointed Nov 21  
- up to June 2022

Dr Megan Clement-Couzner

Helen Bolton  
- appointed Jan 2022

Eleanor Freedman  
- appointed Nov 2021

Dr Neeraja Sanmuanathan  
- appointed Nov 2021

Charity Danquah  
- appointed Nov 2021

Nikita Knapp

Gail Meyer  
- appointed Nov 2021

Natasha de Silva  
- appointed Nov 21

Laura Entwistle  
- up to Jan 2022

Pernille Christensen  
- up to Nov 2021

# Our Ambassadors



Dhanya Mani



Amani Haydar



Nina Funnell



Adair Donaldson



Alan Tongue



Drisana Levitzke Gray



Chanel Contos



David Sharpe



Dr Manjula O'Connor



Mary Konstantopoulos

# Volunteers

Chrisoula Alisandratos

Brianna Delahunty

Ellen Dodd

Joanna Griffith

Ruby Hartley

Georgina Hedge

Erin Love

John Youssef

Karina Tjeuw

Adele Marwood

Kate Messaglio

Kelly Ng

Gianne Rellama

Aleyna Joy Taripo

Hila Tsor

Jessica Woolley



Laura Henschke and Taran Buckby from our Advocacy Team, alongside our fabulous legal research volunteers Karina Tjeuw and John Youssef.

# Pro Bono

CLAYTON UTZ



CLYDE&CO



# We Want to Partner with You!

## Help us answer every call

Full Stop Australia's National Trauma Counselling & Recovery Service - 1800 FULL STOP - delivered (nearly 4,000) occasions of trauma counselling and recovery services in 2021/22. Currently, this service is funded by NRMA Insurance until June 2023, however, funding of \$500,000 per annum is required to continue this service in 2023/24.

Rainbow Sexual, Domestic and Family Violence Helpline – 1800 497 212 – delivered over 500 occasions of trauma counselling and recovery services in 2021/22. Currently, this service for the LGBTQIA+ community is funded through community donations and we are seeking an additional \$100,000 in support to both promote and further resource the service.

We're currently seeking more partners to ensure we can continue to deliver these crucial life-saving services.

## Help us build a national online recovery hub for survivors!

Survivors of sexual, domestic and family violence don't just need crisis support, they need support to recover, rebuild and re-engage. Help us build a national online hub and information gateway which will provide self and peer-navigation, access to a range of supports, resources, networks and opportunities to empower survivors of sexual, domestic and family violence of all ages and genders to rebuild connection, community, and financial freedom. We need \$460,000 to build the resource and employ and support peer navigators. Will you partner with us?

## Help us train more trauma specialist counsellors!

Full Stop Australia delivers training and clinical supervision to psychologists, social workers and counsellors to help them become specialist sexual, domestic and family violence counsellors. Currently, this program is run as a fee-for-service, but we need resources to support free delivery to Aboriginal and Torres Strait Islander counsellors and counsellors in regional, rural and remote areas of Australia to help fill blackspots in the availability of culturally-specific and trauma specialist sexual, domestic and family violence counselling

## Help us upskill the community!

Full Stop Australia's Training and Organisational Development Team have developed a Sexual Violence Essential Training program which we deliver as a fee-for-service basis across businesses, education institutions, governments, and legal and social service organisations. Some small community organisations, such as those supporting young people, Indigenous peoples, people with disability, and people from migrant and refugee backgrounds, do not have the resources to pay for this training and we are thus seeking partnership opportunities to support our unfunded work with these organisations and communities so that they can better prevent and respond to sexual violence.

## Help us change laws and policies!

Full Stop Australia advocates for policy, practice and law reform in every Australian state and territory, and federally, to put a full stop to sexual, domestic and family violence. We've been at the forefront of changes in the country to create affirmative sexual consent and coercive control laws, achieve family law reform, include respectful relationships in the national curriculum, promote victim-survivor's privacy as well as their right to speak out, and ensure the next National Plan to End Violence Against Women and Children includes a focus on sexual violence, trauma recovery, and children as victim-survivors in their own right. But we can only do this work with the help of corporate, philanthropic and community donations. Can you help us achieve the next big reform for survivors of sexual, domestic and family violence?

## Help us to support survivors making change!

Our National Survivor Advocate Program offers survivors a platform to advocate for change and access a trauma-informed network of support. Adopting an intersectional approach, the program brings together survivors from diverse backgrounds and varied experiences, connecting survivors with decision makers so they can help guide government policy, practice and law reform. Through roundtables, surveys and other opportunities, survivors contribute feedback on the issues which matter to them. Help us provide backing and support to survivors in all their diversity as they stand up, speak out, and make generational change to put a full stop to sexual domestic and family violence!

**Every donation helps someone impacted by sexual, domestic, and family violence access the support they need, when they need it most.**

\*All donations of \$2 and over are tax deductible. All donations will be automatically receipted within 10 business days.



**Scan here to Donate.**



**A life free from violence is possible.**



1800 FULLSTOP (1800 385 578)



[fullstop.org.au](https://fullstop.org.au)